

## Gay Head 10K 2014 Race Results by Age Group

Martha's Vineyard HS Track & CC Team  
 r  
 Gay Head 10K - 10/5/2014

HY-TEK's Meet Manage

Aquinnah MA

Last Completed Event

Event 1 Mixed 10000 Meter Run =====

===== Name

Age Team Avg Mile Finals =====

===== 19 & Under Result

s - Women 10000 Run 1 Greene, Al

ice W19 8:27.3 52:32.00 2 Riemer,

Emma W15 8:29.2 52:44.00 3 Cher

ry, Catherine W13 8:44.4 54:18.00 4 M

ahedy, Carolina W16 12:26.8 1:17:20.00 20

-29 Results - Women 10000 Run

1 Swanson, Lianne W24 6:46.9 42:08.

00 2 Roczniak, Nichole W23 7:00.1 43:

30.00 3 Mushnick, Emma W26 7:03.6

43:52.00 4 Nasser-Ghodsi, Navine W27 7:13.9

44:56.00 5 Bradley, Cassie W28 7:4

6.6 48:19.00 6 Hackett, Lai Sahn W23

8:06.2 50:21.00 7 Peach, Molly W25

8:16.7 51:26.00 8 Wiley, Cristina W23

8:26.0 52:24.00 9 Perret, Kelsey W25

8:41.0 53:57.00 10 Lawson, Savannah W22

8:43.2 54:11.00 11 Wall, Tessa W24

8:47.9 54:40.00 12 Tolland, Jennifer W21

8:50.0 54:53.00 13 Sullivan, Jacqueline W22

8:54.3 55:20.00 14 Jackson, Nicole W27

9:11.6 57:07.00 15 Beynnon, Katie W

25 9:23.9 58:23.50 16 Theriault, Lindsey

W23 9:33.9 59:26.00 17 Coombs, Katherine

W21 9:39.4 1:00:00.00 18 Welch, Sophia

W24 9:41.8 1:00:15.00 19 Sturdivant, Em

ily W23 9:43.4 1:00:25.00 20 Martinez, T

alia W23 9:51.8 1:01:17.00 21 Carol, H

allie W22 9:53.1 1:01:25.00 22 Giord

ano, Olivia W29 10:02.3 1:02:22.00 23 Ga

rrity, Nicole W23 10:14.8 1:03:40.00 24

Zechner, Jenna W22 10:22.4 1:04:27.00

25 Borck, Caitlin W29 10:37.3 1:06:00.0

0	26	Romero Donado, Michelle	W23		10:47.8	1:07:0
5.00	27	Poduska, Lily	W27		11:02.8	1:0
8:38.00	30-39 Results - Women 10000 Run					
	1	Taylor, Alexandra	W39			8:06
.5	50:23.00	2 Doolan, Elizabeth	W32			8
:13.5	51:06.00	3 Connolly, Whitney	W30			
8:35.5	53:23.00	4 Briggs, Sarah	W32			
8:41.5	54:00.00	5 Koch, Katherine	W34			
8:58.0	55:43.00	6 Shupenis, Erin	W33			
9:01.3	56:03.00	7 Bond, Abigale	W34			
9:33.8	59:25.00	8 Giordano, Jackie	W38			
9:38.6	59:55.00	9 McKeon, Noelle	W33			
10:38.8	1:06:09.00	10 Robertson, Rebecca	W33			
10:46.5	1:06:57.00	11 Mullen, Sydney	W3			
6	11:49.0	1:13:25.00	40-49 Results - Women 10000			
Run	1 Clabby, Mary					
	W46	7:10.9	44:37.00	2	Suryckova, Eliska	
	W44	7:43.7	48:01.00	3	Clement, Isabel	
le	W46	7:51.7	48:51.00	4	Schmidt, Jul	
ie	W41	8:13.9	51:09.00	5	Bogen, Jo	
y	W40	8:23.8	52:10.00	6	Hughes	
, Lisa	W46	8:25.7	52:22.05	7	Zam	
arro, Jill	W41	8:25.7	52:22.15	8		
Burke, Karen	W45	8:27.6	52:34.00			
9 Levett, Emily	W41	8:43.6	54:13.00			
10 Nolan, Diane	W49	8:54.5	55:21			
.00	11 Courtemanche, Lisa	W43	9:06.3	56		
:34.00	12 Street, Jenifer	W49	9:10.3			
56:59.00	13 Booker, Belinda	W43	9:20.			
7	58:04.00	14 Bettencourt, Marcy	W42			9:
43.7	1:00:27.00	15 Rose, Jennifer	W44			
9:44.7	1:00:33.00	16 Kirk, Lucinda	W43			
9:55.5	1:01:40.00	17 McCarthy, Donna	W47			
10:07.7	1:02:56.00	18 Rimas, Elizabeth	W44			
10:12.9	1:03:28.00	19 Smith-Munnelly, Aimee	W44			
10:14.5	1:03:38.00	20 Kirk, Kimberly	W47			
10:17.2	1:03:55.00	21 Gormley, Michelle	W44			
10:30.7	1:05:19.00	22 Mason, Erica	W40			
10:45.7	1:06:52.00	50-59 Results - Women 10000 Run				
	1 Baxter, Paula					
W51		7:56.6	49:21.00	2	Roddy, Jessica	
W53		8:13.6	51:07.00	3	Ballek, Diane	

	W52	8:13.8	51:08.00	4 Shanor, Rachel
	W57	8:17.0	51:28.00	5 Belcastro, Li
sa	W50	8:40.7	53:55.00	6 Pasakarnis
, Beth	W53	9:10.9	57:03.00	7 Rocznia
k, Donna	W54	9:30.2	59:03.00	8 Sema
n, Patricia	W50	9:38.9	59:57.00	9 F
olchman, Ruth	W58	9:43.8	1:00:27.50	1
0 Leport, Nancy	W53	10:04.2	1:02:34.00	
11 Grisales, Martha	W53	10:42.5	1:06:32.	
00 12 Welch, Berta	W54	10:55.5	1:07:	
53.00 13 Carr, Diane	W57	11:49.3	1:	
13:27.00 14 Sanchez-Perrone, Andrea	W51	12:21.1		
1:16:45.00 15 Mahedy, Claudia	W50	12:2		
6.0 1:17:15.00 16 Coutinho, Linda	W52	1		
2:26.9 1:17:21.00 60+ Results - Women 10000 Run				
	1 Durante, Karen		W63	
7:29.2 46:31.00 2 Kugler, Phyllis			W68	
9:13.8 57:21.00 3 MACMILLAN, Annette			W70	
9:20.9 58:05.00 4 Gerosa-Beal, Brenda			W63	
9:44.2 1:00:30.00 5 Pakmer, Onnie			W66	
10:14.6 1:03:39.00 6 O'Sullivan, Kathy			W64	
11:24.8 1:10:55.00 7 Poduska, Susan			W61	
11:51.5 1:13:41.00 8 Harris, Meredith			W	
68 12:16.3 1:16:15.00 19 & Under Results - Men 10				
000 Run	1 Osmer, Otto			
M14 7:17.5 45:18.00 20-29 Results - Men 1				
0000 Run	1 Smadbeck, Jame			
s M27 6:29.2 40:18.00 2 Flatley, Br				
ian M28 6:46.2 42:04.00 3 Cottrell				
, Hunter M22 7:06.5 44:10.00 4 Selli				
ti, Michael M23 7:51.6 48:50.00 5 Do				
rr, Alexander M22 8:02.8 50:00.00 6				
Saltmarsh, Joshua M25 8:26.2 52:25.00				
7 Colotin, Cristian M24 8:40.8 53:56.0				
0 8 McCarthy, Daniel M26 8:51.3 55:0				
1.00 9 Parker, Matthew M27 9:20.6 5				
8:03.00 30-39 Results - Men 10000 Run				
1 Graves, Joel M34 7:13				
.4 44:53.00 2 Beck, Aaron M34 7				
:16.8 45:14.00 3 Robertson, Michael M32				
7:25.5 46:08.00 4 Sandler, Matthew M39				
7:53.3 49:01.00 5 Ramsey, Benjamin M33				

	7:55.6	49:15.00	6 Taylor, Isaac	M36
	8:06.7	50:24.00	7 Fleischer, Christopher	M32
	8:48.7	54:45.00	8 Hart, Samuel	M36
	8:51.8	55:04.00	9 Bruno, Christopher	M34
	10:32.2	1:05:28.00	10 Montgomery, Mark	M34
	10:32.4	1:05:29.00	40-49 Results - Men 10000 Run	
			1 Steenkamp, Reaan	
M47		6:42.1	41:38.00	2 Cajolet, Chris
M49		7:08.3	44:21.00	3 Trapotsis, Art
M40		7:15.7	45:07.00	4 Phoenix, Kevin
M42		7:16.2	45:10.00	5 Cleland, Tod
d	M45	7:21.3	45:42.00	6 Perrone,
Roberto	M43	7:31.6	46:46.00	7 Gil Ni
evas, Rafael	M42	8:10.7	50:49.00	8 Tho
rnton, Edward	M45	8:11.7	50:55.00	9
Greblick, David	M49	8:16.8	51:27.00	
10 Hatt, Peter	M48	8:17.5	51:31.00	
11 Pinnetti, Mike	M40	8:34.1	53:14	
.00	12 Riemer, Robert	M42	8:55.6	55
:28.00	13 Ellis, Jason	M42	9:22.8	
58:17.00	14 Creighton, Charles	M47	10:40.	
2 1:06:18.00	15 Booker, Spencer	M43	12:	
06.5	1:15:14.00	50-59 Results - Men 10000 Run		
		1 Vertefeuille, Paul	M50	
	6:43.2	41:45.00	2 Mullen, Michael	M55
	7:21.0	45:40.00	3 Gaines, Dana	M57
	7:30.0	46:36.00	4 Rodegast, Peter	M58
	7:33.6	46:58.00	5 Rose, David	M57
	9:06.9	56:38.00	6 Nordengren, Bill	M58
	9:09.8	56:56.00	7 Bernier, Jeffrey	M55
	9:20.4	58:02.00	8 Kosciak, Ted	M59
	9:21.1	58:06.00	9 Garrity, Paul	
M53		9:23.6	58:22.00	10 Littleton, Clem
M57		9:23.8	58:23.00	11 Manter, Skipper
M57		10:22.9	1:04:30.00	60+ Results - Men 10
000 Run				1 Hutchinson, D
uke	M67	7:48.5	48:31.00	2 Ricciardi,
Walter	M60	8:07.7	50:30.00	3 Klumick
, Jack	M67	8:25.9	52:23.00	4 Brow
n, Bill	M61	8:41.1	53:58.00	5 B
ranch, James	M64	8:41.3	53:59.00	
6 Nasser, Francis	M61	9:03.7	56:18.00	

7	Palmer, Andy	M66	9:37.8	59:50.
00	8 Cotton, Paul	M69	9:49.9	1:01:
05.00	9 Diener, Jay	M66	10:27.7	1:
05:00.00	10 Cohen, Joshua	M65	11:05.2	
1:08:53.00	11 Albertin, Thomas	M63	11:4	
1.7	1:12:40.00	12 Poduska, John	M76	1
1:52.0	1:13:44.00			